



Bikeability Level 2 Cycle Training Course

Year 6 Session 11th November

Children to come to school in PE kit (and rain coat) on this day and bring their bike and helmet to school. If you do not have a helmet you will not be allowed to ride.

The school is pleased to offer your child a place on a Level 2 road cycle training course.

About the course

The course teaches children how to ride on local roads safely, confidently and interact correctly with other road users.

It is typically 4 x 2-hour sessions (depending on numbers) and is run during school hours by qualified Bikeability Cycle Trainers. The course will take place **<school insert to from dates in bold>**.

The first session takes place on the playground and teaches basic road skills. Children then progress to riding on local roads at a number of different sites. They will watch, discuss, then practice a variety of cycling drills using different road locations and situations.

The course is progressive and allows each child to work up to their own best level. All sessions need to be attended.

Find out more about Bikeability sessions in this [video](#)

Course requirements

- Trainees **need to be able to ride a bike competently** and without stabilisers to take part.
- A well-maintained and suitable sized bike. ***(Please check your child's bike using our bike check guide before the course).***
- Dress for the weather.



HOW TO SIGN UP

Please use the QR/link provided below to fill in the online form to book a place on the course:



<https://consent.bikeability.org.uk/early-own-been>

Cycle4Life provides training for all ages and abilities, from complete beginners to experts.

Please visit our website for further details: cycle4life.org

Cycle4LIFE

Cycle Training For Life!

Registered Bikeability Trainers
British Cycling Level 2 Coaches
CTC Mountain Bike Leaders

Dear head teacher, parents, carers and group leaders who book Bikeability,

The Bikeability Trust is on a mission to ensure every child has the confidence to cycle and enjoy this skill for life. However, we need evidence to prove to government that cycle training makes an impact. Therefore, we have developed a new digital approach to our delivery of Bikeability. This includes a digitised consent process, direct communication to schools and parents from The Bikeability Trust and a dedicated website for riders and their parents.

We have also developed a web-based app for Bikeability cycle instructors to access and record information to better support your pupils. From 1 April 2024, Bikeability cycle instructors will use mobile phones as a part of their instructing work in the following ways:

- Emergency telephone calls
- Register pupil attendance
- Confirm that parents have consented to Bikeability cycle training
- Access additional information, such medical information or adjustments required for pupils with SEND
- Record pupil progress
- Communicate directly to parents
- Record aggregated responses to hands up survey, to provide evidence for the value of Bikeability

Instructors will access this information via a unique log-in. Any data held on a mobile device is encrypted and protected by two factor authentication. Once the training is complete and transmitted to the Bikeability Link server, data is automatically cleared from the instructor device.

Instructors will not use their mobile phones to share confidential information, take photos or videos (without explicit permission) or to distract from delivering high-quality cycle training. We have updated our privacy notice to reflect how we will hold personal data. Your local Bikeability training provider can provide their privacy notice and data protection impact assessment. They may need to update their controller to controller data sharing agreement with you, and if so, they will contact you separately.

We hope that you will support our drive to improve Bikeability training and help us secure the funding for every child in the future. We believe that this digital

approach will benefit teachers, school administrators and parents/carers in numerous ways. For example:

- Consent information will be shared directly from parents/carers to training providers, reducing the administrative burden for schools and other groups.
- Common issues, such as a cycle which is not roadworthy, will be easily resolved with just one message direct from an instructor to a parent/carer.
- Feedback will be shared direct to parent/carers after the course is completed. This will include videos which clearly demonstrate what children have learnt, increasing parental confidence.

We hope you agree that there has never been a more important time to ensure every child has the confidence to enjoy cycling. The Bikeability Trust is committed to ensure that no child misses the opportunity to develop this important life skill and we hope you will support us in this endeavour by helping us embed this new digital approach in your area.

Thank you for your time and attention.

Kind regards

Emily Cherry

CEO, The Bikeability Trust www.bikeability.org.uk